



# FEED BAG

## RECIPES and HELPS

by Pauline Murphy

### Waldorf Salad

- 1 cup mayonnaise
- 1 cup sour cream
- 2 tbs. honey
- 3 cups tart raw apples, cored, peeled, and diced
- 2 cups finely cut celery
- 1 cup coarsely chopped walnuts
- 2 cups halved seedless red grapes

In large bowl, mix together 1 cup mayonnaise, 1 cup sour cream, 2 tbs. honey. Add 3 cups tart raw apples, cored, peeled, and diced. Mix well with the dressing. Next, add 2 cups finely cut celery, 1 cup coarsely chopped walnuts and 2 cups halved seedless red grapes. Mix well and chill. Serves 6-8 medium portions.

### Date Bars

- 1 cup dates cut in pieces. 8 oz. package
- 1/2 cup white sugar
- 1 cup boiling water
- Pinch of salt
- 1 tsp. vanilla
- 1 1/2 cups quick oats (1 minute)
- 1 cup brown sugar
- 1 1/4 cup flour
- 1 tsp. baking soda
- 2/3 cup butter, very cold

Mix 1 cup dates cut in pieces, 1/2 cup white sugar, 1 cup boiling water, and a pinch of salt. Cook until thick. Add 1 tsp. vanilla. In medium bowl place 1 1/2 cups quick oats (1 minute), 1 cup brown sugar, 1 1/4 cup flour, 1 tsp. baking soda and 2/3 cup butter, very cold. Put 2/3 cup oat mixture on bottom of 9 x 13 inch pan.

Add all of the date filling, then spread rest of oat mixture on top. Bake 325 D 25-35 minutes.

### Cranberry Sauce

- 1 can cranberry whole berries
- 1 orange, cut up
- 1 apple cut up
- few nuts if desired

Add 1 can cranberry whole berries, 1 orange, cut up, 1 apple cut up and a few nuts if desired. Stir well, chill and serve. Use as a relish.

### Sausage Balls

- 1 lb. sausage (hot or mild) uncooked
- 1 lb. sharp cheddar cheese, grated
- 3 cups Bisquick
- 1/4 tsp. seasoned salt

Mix all ingredients, shape into balls about 1/2 inch diameter. Freeze if desired, when ready to serve bake in 350 D oven for 25 minutes. Remove from cookie sheets and drain on paper towels. Yield 175-200.

*Proverbs 15:14: The heart of him that hath understanding seeketh knowledge; but the mouth of fools feedeth on foolishness.*

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